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Issue 26

Sep. 17 - Sep. 24 2023

Attend our weekly services in person or via Zoom on Sundays at 10:30am CST. We are located at 261 Hidalgo, Riberas Del Pilar. To participate on Zoom use this link:

Sunday Service Zoom Link

Click Here To Send Your Joys And Sorrows For Sunday Sept. 17th

Send Joys and
Sorrows Now

Click for Order of Service

THIS WEEK: Sunday

September 17th

"Minimalism"

Rev. Matt Alspaugh

Rena Swan: Service

Associate



While minimalism developed as a style of art and architecture, it has been extended to a lifestyle. This form of minimalism focuses on identifying what is

essential in your life and eliminating that which is non-essential. However, life is more complex than this, and many people have pushed back on the minimalist aesthetic. We'll explore some of the complexities of living a minimalist life, and reflect on som of the spiritual aspects of such a life.



NEXT WEEK: SUNDAY SEPTEMBER 24 2023

"Hope"

Presenter: Robert Barnett

Service Associate: Cat Barnett

Can we still have hope that things will be better in the future? Hope is the belief that the future will be better and you have the power to make it so. We'll examine some research about what hope is and how to increase it.

LCUUF Relocation Upadate

The relocation of LCUUF to St Andrew's has been announced to both congregations with enthusiasm from both sides. At this time, St Andrew's is working with their attorney to provide a contract. After the contract is received, reviewed, and approved by the LCUUF Board, more details can be worked out.

In the meantime, take the opportunity to go to the Mexican Fiesta on the 21st at St. Andrews and see the property. (See details in the article below.) Signup and payment by Sunday the 17th is required. Thanks for your support and enthusiasm.

Hola! We're All Invited To A Fiesta at St. Andrews

St. Andrew's Anglican Church is inviting LCUUF to their annual Mexican Independence Fiesta in their garden on



Thursday, September 21st. This will be an

opportunity for the Fellowship to socialize and explore the location that we will be moving to in 2024.

YOU MUST SIGN UP BY SUNDAY SEPTEMBER 17th in order to have lunch. The cost is \$300mx per person at the Fellowship on Sunday 7th or email Barley

Donahue barleydonahue@gmail.com and arrange payments by September 17th.

The fiesta will be catered by Viva Mexico and the cash bar will feature Viva Mexico's margarita plus beer and wine. Cost to range from 20-100 pesos. Here is a schedule for this event:

- Reception: 1:00 pm featuring quacamole, salsa, and tortilla chips and cash bar
- Lunch: 2:00pm for those of you who pre ordered food . Note for lunch you must pre-order. To pre-orders please Select one: Chicken fajitas, beef fajitas, meat lasagna, gluten free veggie lasagna. Include your lunch selection when you sign up and pay at the Fellowship or with Barley.



Matt's Message: Sept 2023

Quite a while ago I took some workshops in improv theater, and one of the most important lessons we learned was the idea of "yes, and." When you're doing improv on stage, "yes, and" means that no matter what a member of your troupe offers up as an idea, you take it and run with it, adding your own ideas to it. This is saying "yes" to their idea, adding "and" with your idea. To say "yes, and" to anything requires a huge amount of trust, that none of your troupe members is going to hand you anything that will

make it impossible to say "yes, and" to. You trust that even if your improv partner takes a risk, and drops a bit of a dud of an idea in your lap, you know it wasn't intentional, and that you are trusted to take a risk with your idea, so that the show can go on.

As we confront our relocation, we are having to make many decisions quickly. One could say we are improvising. I've appreciated that we, as a fellowship, have created that level of trust that is allowing folks to say "yes" to things that come up, and to also offer their "ands" as needed.

I'm delighted that our relocation task force was given that trust to quickly locate possible places to consider, and to work with the board to narrow those choices down to St. Andrews as our current choice. My fear was less that we'd make a poor choice, but that we'd hobble the team with numerous checkpoints, presentations, surveys, and straw votes. In other words, we'd create an environment lacking in trust, likely pushing the decision out to the last possible month. I hope we can build on this trust, as we deal with numerous decisions large and small that the relocation will entail. What time is our service? (This may be more our choice than we think). What altar elements can we include? (Chalice, joys and sorrows candles, and others). How do we do our tech setup? (Noting that there will be differences, but some at St. Andrews are very interested in learning from us.)

I also note that we will be interacting with two other groups in this move: the congregation at St. Andrews, and Bare Stage, which is also planning to lease from St. Andrews. I hope we can develop a trusting, "yes, and" relationship with both these other groups as we occupy the same space. I'm grateful for the trust that exists in our fellowship's culture: "yes, and."

Upcoming Service Request

Our service on Oct. 8, 2023 is "Animal Blessings". Please send one photo of the animal you want blessed by September 22nd to. roy_haynes@aol.com. Include your animal's name.





Missed Sunday's service? Here is the video recording for Sunday September 10th

Here is an article from our Denominational Magazine: **UU World** shared by Trudy Crippen that describes how Unitarian
Universalists, both laypersons and clergy responded in the days
following the 9/11 Tragedy.

HOW UUS RESPONDED TO 9/11

Weekly and Monthly Events

Click on the + for info and links

Humanist Discussion Group-Wed Sep 27 11am

+



Wednesday September 27th. 11:00am on Zoom (CST)

Demography affects each and every aspect of our lives – from the world economy and social policy, to city planning and climate change. Demographic analysis is key to understanding the complex dynamics shaping the future social landscape. We will explore how demographics are used as an indicator for these global changes. If you want to get the readings on this topic contact Bob Koches at: bobkoches@gmail.com

Click to join on Zoom

Zoom Women's Group: 1st and 3rd Mondays +

12pm - 1pm 1st and 3rd Mondays Monthly Catherine Luria, Facilitator: Contact CLuriaARNP@gmail.com for topics

Zoom Meditation Lessons: 3-4pm Thursdays +

Richard Clarke, Facilitator. To find out more contact: riberasmeditation@gmail.com

Click to join on Zoom

Coffee "Above" The Plaza: Thursdays 10:30am

Meet other UUs for weekly at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!

Open Zoom Conversation: Fridays 2pm

Conversation is open to all questions. Email Richard Clarke at arunachalakindle@gmail.com

Click to join on Zoom



Birthdays Through September 2023

Terry Glenn 9/20

Annie Morris 9/25

Lori Fjelsted 9/26

Ted Fahey 9/29

Nancy Jordon-Zanot 9/30

Do you have a news item you would like included? Contact us at:

newsletter@lcuuf.org

Newsletters are Available on our Website

Monthly newsletters from 2015 through March 2023 are available on the website.

Weekly newsletters are now online!

https://lakechapalauu.org/lcuuf-monthly-newsletters/.

Lake Chapala Unitarian Universalist Fellowship

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