### **LCUUF NEWS OF THE WEEK**



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Issue 37

Dec 3, 2023 - Dec 10, 2023

Attend our weekly services in person or via Zoom on Sundays at 10:30am CST. We are located at 261 Hidalgo, Riberas Del Pilar. To participate on Zoom use this link:

Sunday Service Zoom Link

Click Here To Send Your Joys And Sorrows For Sunday Dec 3, 2023

Send Joys and Sorrows Now

#### **Click for Order of Service**



THIS WEEK: SUNDAY DECEMBER 3, 2023

"Mind/Body/Universe Connection"

**Presenter: Cat Barnett** 

#### **Service Associate: Robert Barnett**

Your brain can't tell the difference between reality and imagination. The chemicals released by your brain when you are happy or stressed are the same whether you are experiencing or just thinking about the experiences. This means you should consider your habitual ways of thinking and change them if they are negative. Your body also produces an electromagnetic field that interacts with the fields of all the living things around you. In this way, you influence your personal reality.

## NEXT WEEK: Sunday December 10, 2023 "Gratitude"

#### Presentor: Jud Dolphin

#### Dee Dee Camhi: Service Associate



The holiday season is upon us. It's time for giving. Mother Teressa reminds us, "It's not how much we give, but how much love we put into giving." Simple words open deeper reflections for more thoughtful kindness. It's not what we do for holiday spirit, but more importantly how we do it.

This Sunday we'll hear a true story of how playing Santa for needy children was turned upside down in Lafayette, Indiana. For 40 years, it's changed the way churches help famillies at Christmas time.

As the Dali Lama points out, "Our prime purpose in this life is to help others, And if you can't help, at least don't hurt them" Actions matter and especially at this time of year, wrap giving in in compassion, dedicated to lifting up others and respecting their inherent worth and dignity.



Please join us as we honor and welcome our newest members during our service on this Sunday.





Credit: "What Peser Looks Like" by 13-year-old Anja Rozer, a primary school student in Slovenia

## **Building The Beloved Community: Update**

As of December 1st only 32% of the Fellowship has submitted a pledge totaling only 36% of our pledge goal. WE NEED YOUR PLEDGE so we can build our budget for next year.

IMPORTANT NOTICE: We have new expenses based on our rental situation, new programming needs for enriching Sunday services and for enhancing our social action presence Lakeside. Please download a pledge form here, pick up one at the Fellowship or email AI Castleman (<u>ajcastleman@yahoo.com</u>) with your pledge intentions as soon as you can so we know whether we will be enhancing our services or cutting back.

Click on the link below to open a PDF file of the pledge form that you can save to your computer and and print out. (When open, right click on the PDF to get the menu, click "save as" to download to your device and print out)



## The Sunday Service Committee Plans for 2024-2025

What see and hear and how you experience Sunday mornings at LCUUF is the result of the hard work, creativity and dedication of the Sunday Service Committee (SSC) . In order to maintain and improve the quality of services you

experience on Sundays, the SSC is requesting 79,710 pesos for the next fiscal year. If we meet our pledge drive amount, the Sunday Services committee plans to do the following:

- We will invite three guest ministers to the Fellowship.
- We would like a minimum of 12 guest musicians and a maximum of 20 to enrich our music program.
- We will continue the subscription to Soul Matters, which Matt and others use. It provides very helpful information for designing Sunday Services.
- There are often printing costs associated with our committee.
  We will provide Flowers for Flower Communion and Flowers for Day of the Dead.
- The committee is responsible for making sure there are candles for Joys and Sorrows.

It takes not only time and talent, but "treasure" to deliver a Sunday Service. We cannot do it without your help.

#### YOUR PLEDGE WILL HELP US ACHIEVE THESE GOALS

# **MEET THE AUTHORS**

## Thursday December 7 1:00 pm to 3:00 pm

Lake Chapala Society South Campus





An anthology on life, love, and aging by 21 writers in Lake Chapala, Mexico

Selected by Janice Kimball



## Four LCUUF Authors Included in the New Anthology by Janice Kimball

Join Janice Kimball and all of the authors of her new anthology "Bravados" at LCS on Dec. 7 at 1:00pm. In addition to Janice three other Fellowship members have been included in the book including Helen White, D'Vorah Kelley and the late Liz Moulder.

## Want To Join Other UUs for a Christmas Dinner at La Nueva Posada?

Last year several of us from the Fellowship and their friends had Christmas dinner at La Nuevo Posada in their garden. The setting was perfect, the food was good and so was the fellowship Would you be interested in doing this again?

This year there will be 2 sittings one at 1:30 p.m. and the second one at 5:00 p.m. at La Nuevo Posada. Sue Kelley will be collecting the money at the Fellowship on the next two Sundays or



you can drop it off at Sue's house at 22A San Luis, right around the corner from the Fellowship. The price per person is \$ 590.00 pesos and that includes the 4 course meal plus an after dinner drink (Kahlua). The tip and tax is also included.

Please let <u>Sue skelley (email: skelleymexico@gmail.com)</u> know if you are interested . Thank you.



#### Thank You For Your Generous Donations to Operation Feed

Our monthly "Share The Basket" contribution for November: to Operation Feed was US \$363.95.



#### Tepehua Centro Comunitario

Our "Share The Basket" charity for the month of December is Tepehua Centro Comunitario. Learn more about them at this link: <u>https://tepehua.org/</u>

## **December Humanist Discussion Group Topic**



The Humanist Discussion Group will meet Wednesday, Dec 27th, 2023 at 11 am Via Zoom. Remember we are on Central Standard Time . The zoom link is: <u>https://us02web.zoom.us/j/86577912863</u>

We will explore the ethical dilemmas around disinformation and the use of narratives and emotions in manipulating reality. An increasingly

influential stream of research demonstrates the integration of cognition and emotion in political decision-making. Political cognition is emotionally shaped. The role of narratives in shaping people's minds has become an important area of research and debate, in particular in recent years when entire societies have made choices that seem "rationally" counterintuitive in this Post-Truth Era.



#### LCUUF Social Action Team To Host Interfaith Peace Event

The Social Action Team is hosting an Interfaith event to promote Peace, Light and Love. All are welcome!

#### When

Friday Dec 8, 2023 · 5pm – 6pm (Eastern Time - New York)

### Location

Pranzo, Boulvard Ajijic 105, Floresta, 45900 Ajijic, Jal., Mexico

#### PEACE RALLY POSTER MAKING PARTY!

You are invited to the Lake Chapala Unitarian Universalist Fellowship (Hidalgo 261, Riveras on the carretera next to Cafe Doppio) on Wednesday afternoon December 6th at 3:00pm to make posters/signs. All materials will be provided.

To RSVP for the poster making party or if you have any questions, please contact Catherine Luria at <u>CLuriaARNP@gmail.com</u>.

You are not required to come to this prep session in order to participate in the rally.

#### WEEKLY AND MONTHLY EVENTS

Click on the + for info and links

#### Humanist Discussion Group-Wed Dec. 27 11am

+



Wednesday Dec. 27 11:00am on Zoom (CST)

Topic: The Middle East is a real quagmire of relationships. It is further complicated by the raid by Hamas on Israel on Oct. 7 and all the neighboring States possibly stopping the Israel/Saudi detente. The people of Palestine are not loved by their Arab neighbors creating refugee problems of acceptance. The real losers are the civilians on both sides caught in the political middle. The history of the conflict goes back centuries. We will take a look at its antecedents and history, current affairs, and regional and global implications. If you wish to be added to the reading list contact Bob Koches at <u>bobkoches@gmail.com</u>

Click to join on Zoom

#### Zoom Women's Group: 1st and 3rd Mondays +

12pm - 1pm 1st and 3rd Mondays Monthly Catherine Luria, Facilitator: Contact <u>CLuriaARNP@gmail.com</u> for topics

Richard Clarke, Facilitator. To find out more contact: riberasmeditation@gmail.com

Click to join on Zoom

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Coffee "Above" The Plaza: Thursdays 10:30am
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Meet other UUs for weekly at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!

#### Open Zoom Conversation: Fridays 2pm +

Conversation is open to all questions. Email Richard Clarke at <u>arunachalakindle@gmail.com</u>

Click to join on Zoom



## **Birthdays This Week!**

## Bill Frayer 12/08

**Johannes Bjorner 12/09** 

### Roy Haynes 12/10

#### Have News You Want To Share? Send it to: <u>newsletter@lcuuf.org</u>

## Past Newsletters are Available on our Website

https://lakechapalauu.org/lcuuf-monthly-newsletters/.

#### Lake Chapala Unitarian Universalist Fellowship

261 Hidalgo, Chapala Mexico

You received this email because you signed up with our welcome team or requested to be added to our mailing list. Click on the email below to unsubcribe.

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