

Issue 67 June 30 - July 7, 2024

Website Become a Member Facebook Directory Login

How To Donate Calendar of Events LCUUF Elected Leaders

Attend our weekly services in person or via Zoom on Sundays at 12:00pm CST. We are located at St. Andrews Anglican Church, San Lucas 19, Riberas del Pilar.

Click For Zoom

**Order Of Service** 

**Contact Care Team** 

### **UPCOMING SERVICES**



This Week: June 30th

"Quantum Universe Part 2"

Presenter: Rev. Matt Alspaugh



**Next Week: July 7th** 

"Flower Communion"

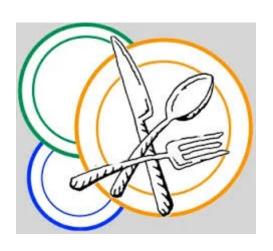
### Service Associate: Jane Castleman

Last week we began to explore the quantum world, starting with the famous two slit experiment, and noting some of the ways it doesn't jibe with our 'common sense' understanding of the world. This week, we'll delve into some of the ways physicists try to explain what we see, and how that shows up in some more philosophical and spiritual aspects.

## Presenter: Rev. Matt Alspaugh and Group

#### **Service Associate: Marsha Buly**

The Flower Communion is an annual springtime celebration in most Unitarian Universalist congregations, celebrating the beauty of diversity. Traditionally each person brings a flower, preferably found in their own garden or by the roadside, and each person leaves with a different flower. We'll redesign that ritual for our location in Mexico, with the rainy season, but retain that essential meaning - the beauty of diversity.



## It's Time To Sign Up For July-August Circle Suppers

Circle Suppers are a great way to bring friends, newcomers, and members of the congregation together to share food and get acquainted.

New additions are always welcome — whether long-time members, a friend of

LCUUF or new to our Fellowship — please think about joining us. If you haven't done Circle Suppers in a long time, you'll find that many new folks are keen to meet you.

If you would like to attend or host, email <a href="mailto:paulaodom01@gmail.com">paulaodom01@gmail.com</a>.

If attending, please indicate travel dates July-August, food allergies, and other special requests.

If hosting, please indicate how many attendees (including yourself) you can accommodate.

Hosts will reach out to attendees to set the date and time of the gathering.

Sign-up will conclude July 3rd and there will be a sign up sheet at the Welcome table on Sunday, June 30th.

Kind regards,

Paula Odom

## Welcome To Our New Board Vice President, Ted Fahy

I'm a graduate of Notre Dame and Michigan State's College of Human Medicine who studied and practiced Pediatric medicine for 40 years, retired, and then much to my own delight found myself falling upward into the mystery of Mexico! After my wife Priscilla and our four children(who are scattered all



over the U.S.), my greatest loves are choral music and computers. Born Irish Catholic, I was an altar boy and then became a conscientious objector. Having wandered through many sacred traditions, I believe in the transcendence and miracle of all things, and I continue to search for a deeper understanding of meaning in this world. The three hardest tasks of my life have been letting go of loved ones who have entered the great mystery, parenting, and learning that I don't own "belongings"; they own me. Detachment is an ongoing process.

I'm thrilled that I get to learn until I'm gone.

Ted Fahy (Edward R. Fahy, MD FAAP)



# Video Recording For The Service On Sunday June 23, 2024

If you would like to view other past services click on the link below which will take you to our video archive.

Video Archive

NOTE: If you have an access code St. Andrews you will need to contact Charlie Jacobs to get a new one. St. Andrews will be changing the codes this week.

Email Charlie: cj1946@gmail.com

### **You Are Invited To Celebrate**



Charlie Jacobs and Adela Moreno's Wedding

Adela Moreno and Charlie Jacobs invite you to attend their wedding ceremony officiated by Matt Alspaugh on Sunday, July 7th at 1:30pm at St. Andrews's church.



**Connie Clark's 101st Birthday** 

You are invited by D'Vorah Kelley to drop by La Paloma Nursing Home on Monday, July 1st between 2:30-4:00 pm for her Mother, Connie Clark's 101st birthday for cake and celebration.

La Paloma Nursing Home56 Juan Alverz, Ajijic

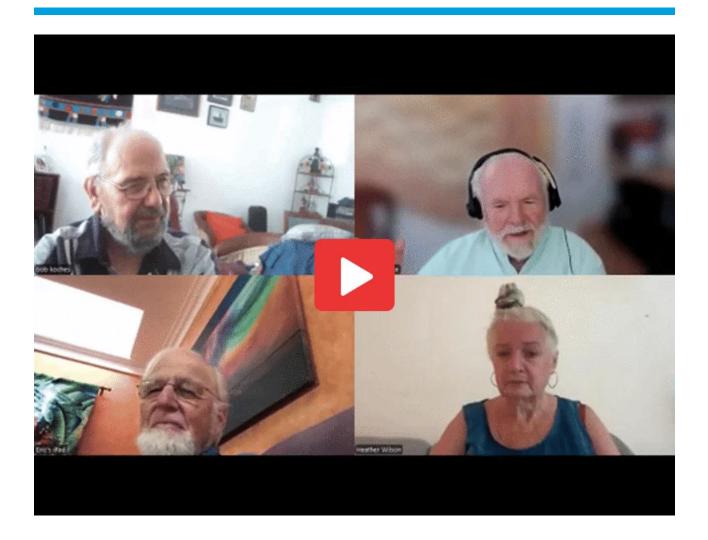


# Observations and Gratitude From Paula Odom

I wanted to thank those that attended the Summer Solstice potluck on Saturday June 22<sup>nd</sup> and to acknowledge Barley Donahue and Dee Dee Camhi for organizing. In my morning meditation, my mind wandered to how well it went and how much easier it was on the Committee than in past years. The move to St.

Andrew's has provided many benefits and as I started thinking of the details, I

want to share my observations. In the past, the Committee recruited volunteers and arrived early to set up tables, chairs, purchased plastic plates, cups, utensils, ice and in the end, cleaned up and collected the trash for the day. All that trash in landfills, sad. This year, the Committee used their budget to pay Arturo and Maria to set up and cleanup. In an additional benefit, we were able to use actual plates, glasses and cutlery. The UU's have landed in a facility with staff, a well-maintained shady garden and a wonderful fully functioning kitchen. No more plasticware! This is also a benefit to the Sunday morning coffee hour – actual cups and cutlery and volunteers don't have to do the dishes! In the past 5 months where we have been in the St. Andrew's facility, the transition has gone smoothly. They have been generous and welcoming, and I am grateful!



### **June Humanist Discussion Recording**

Here is the Zoom recording from the June Humanist Discussion Group--"Are we alone in the universe"



## July Humanist Zoom Discussion

The Humanist Discussion Group will meet Wednesday July 24th at 11am Via Zoom.

#### **July Topic**

Join our UU Humanist Discussion Group as we delve into "The Return of the God Hypothesis," inspired by Stephen Meyer's

controversial book of the same title. We'll examine Meyer's arguments that recent scientific discoveries point to a divine creator, analyzing his claims from a rational, evidence-based perspective. All are welcome to participate in this open and respectful dialogue as we consider the implications for humanist values and scientific understanding. Whether you've read the book or are new to the topic, come ready to engage in a thought-provoking discussion.

If you want to be added to the reading list email Bob Koches at **bobkoches@gmail.com** 

Click to join on Zoom



## Mindfulness with Richard Clarke: Every Thursdays at 3pm on Zoom

Every Thursday from 3pm - 4pm Richard Clarke leads a Meditation Lesson on Zoom. The above video is a recording of his most recent session.

Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. To find out more contact:

<u>riberasmeditation@gmail.com.</u> Click below for the Zoom link for the next session.

Join Richard on Zoom

#### **Monthly Women's Group Brown Bag Lunch!**

In addition to the 1st &3rd Mon ZOOM women's group meetings we are adding an IN PERSON BROWN BAG LUNCH at 12N on the 4th Monday. This will be held at Trudy Crippen's house. Please RSVP to Trudy if you plan to attend.

trudycrippen@gmail.com

The next meeting will be July 22nd at 12 Noon.

## WEEKLY AND MONTHLY EVENTS Click on the "+" for details

## **Humanist Discussion Group-Wed July 24 11am**



Wednesday July 24 11:00am on Zoom (CST)

July Topic Join our UU Humanist Discussion Group as we delve into "The Return of the God Hypothesis," inspired by Stephen Meyer's controversial book of the same title. We'll examine Meyer's arguments that recent scientific discoveries point to a divine creator, analyzing his claims from a rational, evidence-based perspective. All are welcome to participate in this open and respectful dialogue as we consider the implications for humanist values and scientific understanding. Whether you've read the book or are new to the topic, come ready to engage in a thought-provoking discussion.

Click to join on Zoom

#### Women's Group: 1st, 3rd and 4th Mondays +

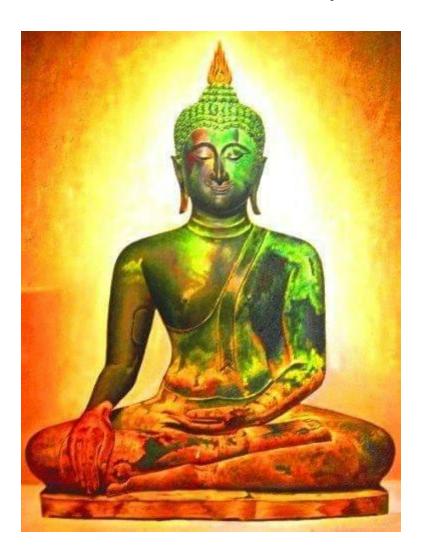
12pm - 1pm 1st and 3rd Mondays Monthly Catherine Luria, Facilitator: Contact <u>CLuriaARNP@gmail.com</u> for topics. Now you can join us for a brown bag lunch on the 4th Monday of each month at Trudy Crippen's house. RSVP Trudy if you plan to attend. <u>trudycrippen@gmail.com</u>

### Healing Circle Monthly: 2nd Thursday 4pm +



This is a new group gathering to focus on healing, peace and well-being. Our methods employ Reiki distance healing. This is group, not individual work. All

### Zoom Meditation Lessons: 3-4pm Thursdays +



Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. Richard Clarke, Facilitator. To find out more contact: <a href="mailto:riberasmeditation@gmail.com">riberasmeditation@gmail.com</a>

Click to join on Zoom

Coffee "Above" The Plaza: Thursdays 10:30am

Meet other UUs for weekly conversations at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!

### Open Zoom Conversation: Fridays 2pm +

Conversation is open to all questions. Email Richard Clarke at <a href="mailto:arunachalakindle@gmail.com">arunachalakindle@gmail.com</a>

Click to join on Zoom



## **Birthdays This Week!**

Jane Castleman, July 4th

Do You Have News You Want To Share? Send it to:

newsletter@lcuuf.org

## Past Newsletters are Available on our Website

 $\underline{https://lakechapalauu.org/lcuuf-monthly-newsletters/}.$ 

#### Lake Chapala Unitarian Universalist Fellowship

San Lucas 19 Riberas del Pilar, Chapala, Mx You received this email because you signed up with our welcome team or requested to be added to our mailing list. Click on the email below to unsubcribe.

newsletter@lcuuf.org