

Issue 72 Aug 4,- Aug

WebsiteBecome a MemberFacebookDirectory LoginHow To DonateCalendar of EventsLCUUF Elected Leaders

Attend our weekly services in person or via Zoom on Sundays at 12:00pm CST. We are located at St. Andrews Anglican Church, San Lucas 19, Riberas del Pilar.

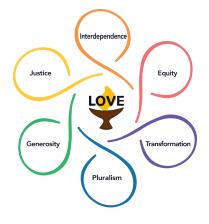
Click For Zoom

11, 2024

Order Of Service

Contact Care Team

UPCOMING SERVICES





This Week: August 4th

"Peeking Behind The Curtain, How We Do Worship"

Presenter: Rev. Matt Alspaugh

Service Associate: Annie Morris

When I was in seminary, I once commented about the uniqueness of UU Sunday services, and my instructor (in UU history and polity) said, "not at all, they are very much like Calvinist, Protestant services. That's their history." I was shocked! So, even though our message is different, the format of our services is not. How do we square these traditions with our desire to be different? And, how do we prepare and present our Sunday Services in the first place?

Next Week: August 11th

"The Power Of Not Knowing"

Presenter: Rev. Tim Boeve

Service Associate: Joan Ward

Rev. Boeve's presentation arises from the book "Think Again," by NYT bestselling author Adam Grant, an organizational psychologist, named Wharton's top-rated professor for seven straight years. Grant argues that "Intelligence is usually seen as the ability to think and learn, but in a rapidly changing world, there's another set of cognitive skills that might matter more: the ability to rethink and unlearn." Boeve will share his own experience with thinking again and unlearning, having shifted many of his previously held views over time, becoming more "comfortable with uncertainty" about once iron-clad views. He will also share insights from the book including this gem, "The brighter you are, the harder it can be to see your own limitations. Being good at thinking can make you worse at rethinking." Boeve queries, "How can you not be drawn to the ideas flowing from just one chapter in the book titled, "A Preacher, A Prosecutor, a Politician, and a Scientist Walk into Your Mind." He will examine how some of these folk take up residence within us and how we can shift into more useful ways of unknowing, thinking and being.

New Member Spotlight: Scott and Joyce Kinnear

What brought you to Mexico, and to this area of Mexico?

We retired early and moved to Boquete, Panama in early 2017. In mid-2023, we drove up from Panama to Mexico, where we moved into a home that we bought in Bucerias.



After driving up from Panama, we also drove up to Denver and to California in the fall of 2023 to visit family and friends. That was our year of being on the road.

Between checking out Mexico before we moved and the other trips, we were on the road for 7 months! We now live in Bucerias the full year, but

we expect to travel in the summer

and fall months when the weather is hotter.

What other area(s) of the world have you called, or still call, in some sense, "home.?"

We lived in southern New Mexico for 10 years and still love it. We then lived in the San Francisco Bay area for 20 years. Most of Joyce's family is from and lives around Northern California (she is a 4th generation Californian), so we still consider that to be our home in many ways. Scott's family is mostly from Washington state. We are Pacific coast people!

What did you do (work or something else) that was significant to you in your earlier lives?

Scott was in the US Air Force for nearly 10 years in the 1980s and 1990s. That brought us to Texas, Colorado, Germany, and southern Mexico. After getting out of the Air Force, Scott got a Bachelor's Degree in Civil Engineering from New Mexico State University (NMSU) in Las Cruces and worked the rest of his career in civil engineering, working most of the time for Simpson Strong Tie as a design engineer in California. Joyce got a Master's degree in Public Administration from NMSU and worked for city-owned utilities in a variety of types of work, including rate making, energy efficiency, and renewable energy areas in New Mexico and then in California (Santa Clara and Palo Alto). We are parents of Amy Kinnear, who lives in Sacramento, California. She was with us for 5 years of the time we were in Panama, where she had a business pet sitting. She moved back to California in early 2023.

How (and when) did you come to affiliate with the Lake Chapala Unitarian Universalist Fellowship?

We were raised Seventh Day Adventists, but left that church while we lived in Germany in the mid-1980s. After moving to New Mexico, we began to go to church at a UU fellowship in Alamogordo. Since the 1980s we have been going to Unitarian churches. While in Panama, we really missed the company of other Unitarians and looked for a

place in Mexico that either had a church or where we could Zoom in and

visit sometimes. We researched the Unitarian churches in Mexico and found the Chapala church, starting calling into services soon after we moved here. We've been able to visit in person a few times in the past year and really enjoy the community.

What makes you want to continue your relationship with LCUUF? What is important to you?

We both really appreciate the community and getting to know other people that we have been able to do so far. We are happy that the church is there and has so many ways for us to get involved by Zoom. We have been involved with the Zoom services—Joyce has served as Zoom host on occasion—and will do what we can from afar. When we visit the Chapala area, we particularly enjoy the services and the Thursday morning coffee group.

Anything else you would like to say?

We enjoy getting to know new people and places. We have always done a lot of hosting activities, dinners and games at our houses in the past. We have been quite involved in politics for years, especially in Democrats Abroad in Panama and now in the Puerto Vallarta area. We also do a lot of walking, especially with our beloved dog, Astrid. We also enjoy music and other events. Joyce plays piano and crochet and was a big gardener before moving to a townhouse.

If you would like to introduce (or re-introduce) yourself to the LCUUF community, contact susanne.bjorner@gmail.com to volunteer for a Member Spotlight.

August Monthly Healing Energy Circle

August 8: Meets monthly on 2nd Thursdays at 4pm in St. Andrew's garden (except with rain/ bad weather) OR you can email / message pamelajcny@gmail.com for zoom link
Gather to focus on healing, peace and well-being. Our methods employ Reiki distance healing, but we welcome all methods of energy healing as well as novices.

******If you cannot attend in person, give yourself some quiet time wherever you are to send and receive. This is group, not individual work. You are welcome to send us the name of anyone you'd like

us to focus on with healing intentions. *****
All are welcome regardless of experience.



August Share The Basket: Asociacion ProMexico

For the month of August we are supporting Asociación Pro México, one of our new charities, with their "Second Chances" program, housed in San Juan Cosala. Each year, women from 11 villages throughout the Lake Chapala region are enrolled in a 7-10 month course, free of charge,

which provides education and career training, as well as mentoring. 30-40 women graduate each term and go on to support their families, selves, and the community in a variety of ways.



Thank you for your July "Share The Basket" Contributions!

Tepehua was the July recipient of our Share The Basket donations. Through your generosity we were able to donate U.S.\$349.00 (MXN 6,282 pesos) to help them help the community they serve.



Video Recording For The Service On Sunday July 28, 2024

If you would like to view other past services click on the link below which will take you to our video archive.

Video Archive

Coffee And Conversation With Other UUs Every Thursday

Just a reminder that you can meet up with other UUs for weekly conversations at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!





August Humanist Zoom Discussion

The Humanist Discussion Group will meet Wednesday August 28th at 11am Via Zoom.

August Topic:

Join our UU Humanist Discussion Group as we explore the question whether women

govern better than men, drawing on research, historical examples, and contemporary case studies. Together, we will examine the unique leadership styles, collaborative approaches, and empathetic decision-making often exhibited by women in positions of power. Engage in thought-provoking conversations that challenge traditional narratives and celebrate the strengths of diverse leadership Note: this topic was selected before the current events of the Kamala Harris presidential run.

If you want to be added to the reading list email Bob Koches at **bobkoches@gmail.com**

Click to join on Zoom



Mindfulness with Richard Clarke: Every Thursdays at 3pm on Zoom

Every Thursday from 3pm - 4pm Richard Clarke leads a Meditation Lesson on Zoom. The above video is a recording of his most recent session.

Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. To find out more contact:

<u>riberasmeditation@gmail.com.</u> Click below for the Zoom link for the next session.

Join Richard on Zoom

Monthly Women's Group Brown Bag Lunch!

In addition to the 1st &3rd Mon ZOOM women's group meetings we are adding an IN PERSON BROWN BAG LUNCH at 12N on the 4th Monday. This will be held at Trudy Crippen's house. Please RSVP to Trudy if you plan to attend.

trudycrippen@gmail.com

The next meeting will be July 22nd at 12 Noon.

WEEKLY AND MONTHLY EVENTS Click on the "+" for details

Humanist Discussion Group-Wed Aug 28 11am



Wednesday August 28 11:00am on Zoom (CST)

August Topic: Join our UU Humanist Discussion Group as we explore the question whether women govern better than men, drawing on research, historical examples, and contemporary case studies. Together, we will examine the unique leadership styles, collaborative approaches, and empathetic decision-making often exhibited by women in positions of power. Engage in thought-provoking conversations that challenge traditional narratives and celebrate the strengths of diverse leadership Note: this topic was selected before the current events of the Kamala Harris presidential run.

Click to join on Zoom

Women's Group: 1st , 3rd and 4th Mondays +

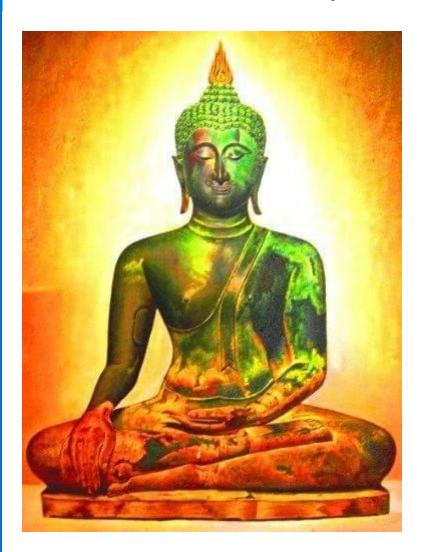
12pm - 1pm 1st and 3rd Mondays Monthly Catherine Luria, Facilitator: Contact <u>CLuriaARNP@gmail.com</u> for topics. Now you can join us for a brown bag lunch on the 4th Monday of each month at Trudy Crippen's house. RSVP Trudy if you plan to attend. trudycrippen@gmail.com

Healing Circle Monthly: 2nd Thursday 4pm +



This is a new group gathering to focus on healing, peace and well-being. Our methods employ Reiki distance healing. This is group, not individual work. All

Zoom Meditation Lessons: 3-4pm Thursdays +



Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. Richard Clarke, Facilitator. To find out more contact: riberasmeditation@gmail.com

Click to join on Zoom

Coffee "Above" The Plaza: Thursdays 10:30am

Meet other UUs for weekly conversations at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!

Open Zoom Conversation: Fridays 2pm

+

Conversation is open to all questions. Email Richard Clarke at arunachalakindle@gmail.com

Click to join on Zoom



BIRTHDAYS THIS WEEK

Dee Dee Camhi, August 7

Mario Pardillo, August 7

Marty Weston, August 8

Alicia Macnamara, August 8

Brenda Herold, August 9

Jeanne Haely, August 10

Do You Have News You Want To Share? Send it to:

newsletter@lcuuf.org

Past Newsletters are Available on our Website

https://lakechapalauu.org/lcuuf-monthly-newsletters/.

Lake Chapala UU Fellowship

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