

# LCUUF·NEWS·OF·THE·WEEK



Issue 73  
18, 2024

Aug 11,- Aug

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Attend our weekly services in person or via Zoom on Sundays at 12:00pm CST. We are located at St. Andrews Anglican Church, San Lucas 19, Riberas del Pilar.

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## UPCOMING SERVICES



**This Week: August 11th**



**Next Week: August 18th**

## "The Power Of Not Knowing"

**Presenter: Rev. Tim Boeve**

**Service Associate: Joan Ward**

Rev. Boeve's presentation arises from the book "Think Again," by NYT bestselling author Adam Grant, an organizational psychologist, named Wharton's top-rated professor for seven straight years. Grant argues that "Intelligence is usually seen as the ability to think and learn, but in a rapidly changing world, there's another set of cognitive skills that might matter more: the ability to rethink and unlearn." Boeve will share his own experience with thinking again and unlearning, having shifted many of his previously held views over time, becoming more "comfortable with uncertainty" about once iron-clad views. He will also share insights from the book including this gem, "The brighter you are, the harder it can be to see your own limitations. Being good at thinking can make you worse at rethinking." Boeve queries, "How can you not be drawn to the ideas flowing from just one chapter in the book titled, "A Preacher, A Prosecutor, a Politician, and a Scientist Walk into Your Mind." He will examine how some of these folk take up residence within us and how we can shift into more useful ways of unknowing, thinking and being.

## "The Thin Veneer of Civilization"

**Presenter: Rev. Matt Alspaugh**

**Service Associate: Carol Johnson**

There's an idea that there is only a thin veneer of civilization, with things like law and authority, that keeps us all in check, keeps us from becoming savage beasts. It seems like common sense, to the point that it's a movie trope that the civilized street crowd becomes a raging mob on the least provocation. But is it true? What does the science say? What is required to keep us civilized? As we'll see, it's complicated.

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### **Rev. Matt Alspaugh**

Last Sunday I spoke about how we do our Sunday worship services. I went a bit into the history of the format we use, and the process we use to prepare our services. I also noted that we as a fellowship have complete control over the format of our services, and that we can change our worship as we like. As I reflect on my time here, I realize we have made changes along the way: we no longer have discussion after the service, we've changed how we do Joys and Sorrows (was Joys and Concerns), we sing a bit more, and we have a Share the Basket recipient each week. Will we make more changes to our services?



I noted that we might, or might not make changes to our services. But before we even consider changes, we need to reflect on how our services are going, how people respond to them, and how they might be made better. This is the point of the series of workshops we are holding starting next Saturday. The series is called 'Transformative Worship Services' and will be held August 17, September 7 and September 21, from 1 - 4:30pm. We'll be using material from the Unitarian Universalist Association in the USA as a starting point for our conversations about our Sunday experiences. I want to be clear

that this workshop is open to everyone, and you don't have to commit to helping with worship to attend the series. We'll have light snacks and drinks to break up the sessions. There is a cost, \$30, though scholarships are available. If you are interested, please write to D'Vorah, who is serving as 'registrar' at [dvorahc.kelley@gmail.com](mailto:dvorahc.kelley@gmail.com). She'll help with the sign up process. Note that we'll offer Zoom for this, and plan to record it, if you have to miss a session or two.

Please write to D'Vorah right away if you are interested, so we can plan for your participation and get you signed up! This series should be quite illuminating and thought-provoking.

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A video thumbnail for a presentation. The background is black with a red curtain on the right side. A hand in a dark suit sleeve is pulling the curtain back. In the top right corner, there is a white logo of a lit candle. The text on the left side reads: "Peeking Behind the Curtain: How We Do Worship" in a white, handwritten-style font. Below this, the names "Rev. Matt Alspaugh, Sp", "Annie Morris, Service Associate", and "Jane Castleman, Reader" are listed in a white, sans-serif font. The date "August 4, 2024" is at the bottom. A blue play button icon is centered over the text. At the bottom of the thumbnail, there is a row of white icons representing various religious symbols: a cross, a Star of David, an Om symbol, a crescent moon and star, a Khanda, a Yin-Yang symbol, a Khanda, a lotus flower, and a Celtic knot. The text "Lake Chapala UU" is written in white at the bottom left of the icons.

Peeking Behind the Curtain:  
How We Do Worship  
Rev. Matt Alspaugh, Sp  
Annie Morris, Service Associate  
Jane Castleman, Reader  
August 4, 2024

Lake Chapala UU

## Video Recording For The Service On Sunday August 4, 2024

If you would like to view other past services click on the link below which will take you to our video archive.

[Video Archive](#)



### August Humanist Zoom Discussion

The Humanist Discussion Group will meet **Wednesday August 28th** at 11am Via Zoom.

#### August Topic:

Join our UU Humanist Discussion Group as we explore the question whether women govern better than men, drawing on research, historical examples, and contemporary case studies. Together, we will examine the unique leadership styles, collaborative approaches, and empathetic decision-making often exhibited by women in positions of power. Engage in thought-provoking conversations that challenge traditional narratives and celebrate the strengths of diverse leadership Note: this topic was selected before the current events of the Kamala Harris presidential run.

If you want to be added to the reading list email Bob Koches at [\*\*bobkoches@gmail.com\*\*](mailto:bobkoches@gmail.com)

[Click to join on Zoom](#)



## **Mindfulness with Richard Clarke: Every Thursdays at 3pm on Zoom**

**Every Thursday from 3pm - 4pm Richard Clarke leads a Meditation Lesson on Zoom. The above video is a recording of his most recent session.**

**Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. To find out more contact:**

**[riberasmeditation@gmail.com](mailto:riberasmeditation@gmail.com). Click below for the Zoom link for the next session.**

**Join Richard on Zoom**

## Monthly Women's Group Brown Bag Lunch!

In addition to the 1st & 3rd Mon ZOOM women's group meetings we are adding an IN PERSON BROWN BAG LUNCH at 12N on the 4th Monday. This will be held at Trudy Crippen's house. Please RSVP to Trudy if you plan to attend.

[trudycrippen@gmail.com](mailto:trudycrippen@gmail.com)

The next meeting will be July 22nd at 12 Noon.

## WEEKLY AND MONTHLY EVENTS

Click on the "+" for details

**Humanist Discussion Group-Wed Aug 28  
11am**

+



Wednesday August 28 11:00am on Zoom (CST)

August Topic: Join our UU Humanist Discussion Group as we explore the question whether women govern better than men, drawing on research, historical examples, and contemporary case studies. Together, we will examine the unique leadership styles, collaborative approaches, and empathetic decision-making often exhibited by women in positions of power. Engage in thought-provoking conversations that challenge traditional narratives and celebrate the strengths of diverse leadership  
Note: this topic was selected before the current events of the Kamala Harris presidential run.

[Click to join on Zoom](#)

### **Women's Group: 1st , 3rd and 4th Mondays** +

12pm - 1pm 1st and 3rd Mondays Monthly Catherine Luria, Facilitator: Contact [CLuriaARNP@gmail.com](mailto:CLuriaARNP@gmail.com) for topics. Now you can join us for a brown bag lunch on the 4th Monday of each month at Trudy Crippen's house. RSVP Trudy if you plan to attend. [trudycrippen@gmail.com](mailto:trudycrippen@gmail.com)

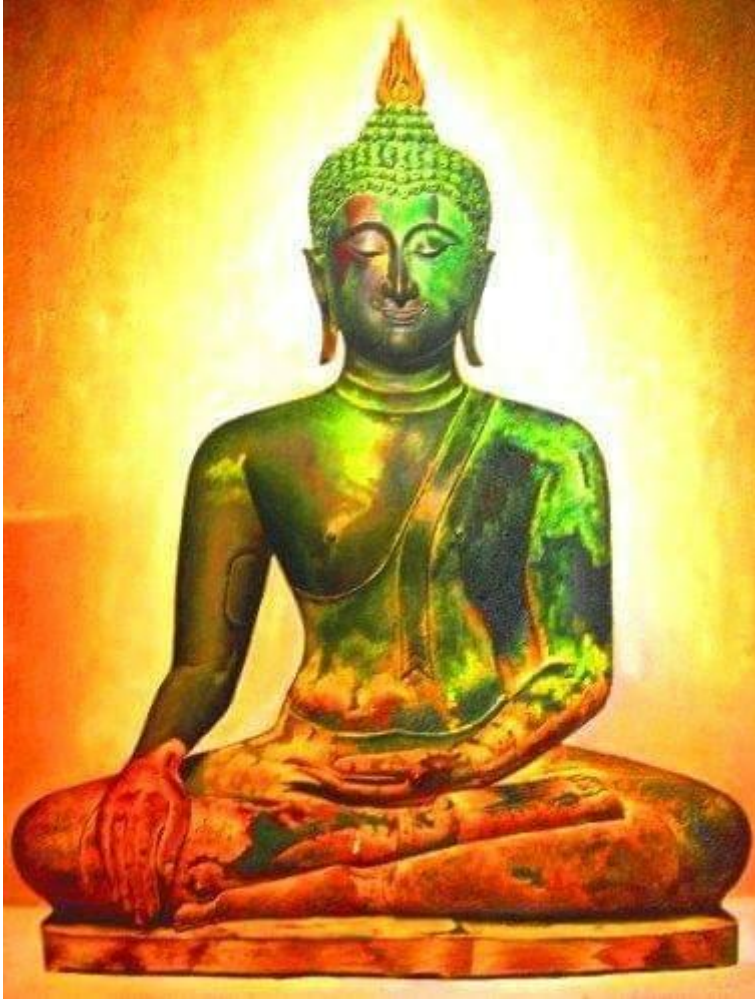
### **Healing Circle Monthly: 2nd Thursday 4pm** +



This is a new group gathering to focus on healing, peace and well-being. Our methods employ Reiki distance healing. This is group, not individual work. All

LCUUF members are welcome regardless of experience. Facilitators: D'Vorah Kelley and Pamela Cucinell, Reiki Practitioners

## Zoom Meditation Lessons: 3-4pm Thursdays +



Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. Richard Clarke, Facilitator. To find out more contact: [riberasmeditation@gmail.com](mailto:riberasmeditation@gmail.com)

[Click to join on Zoom](#)

**Coffee "Above" The Plaza: Thursdays  
10:30am**

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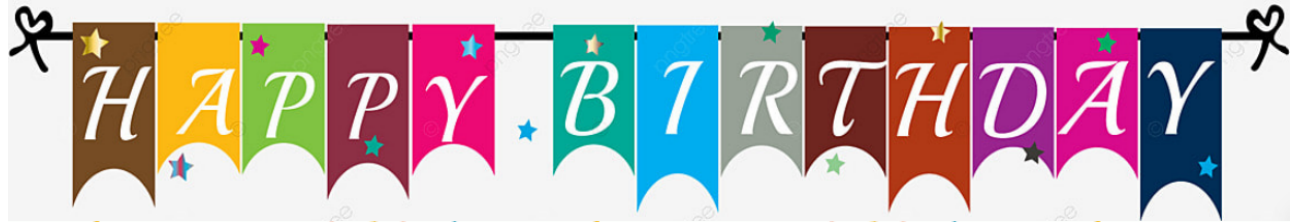
Meet other UUs for weekly conversations at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!

## Open Zoom Conversation: Fridays 2pm

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Conversation is open to all questions. Email Richard Clarke at [arunachalakinde@gmail.com](mailto:arunachalakinde@gmail.com)

[Click to join on Zoom](#)



## BIRTHDAYS THIS WEEK

**John De Waal, August 15**

**Sandy Wallin, August 18**

**Do You Have News You Want To Share?  
Send it to:**

**newsletter@lcuuf.org**

**Past Newsletters are Available on our  
Website**

**<https://lakechapalauu.org/lcuuf-monthly-newsletters/>**

**Lake Chapala UU Fellowship**

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