

LCUUF·NEWS·OF·THE·WEEK



Issue 74

Aug 18,- Aug 25, 2024

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Attend our weekly services in person or via Zoom on Sundays at 12:00pm CST. We are located at St. Andrews Anglican Church, San Lucas 19, Riberas del Pilar.

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UPCOMING SERVICES



This Week: August 18th



Next Week: August 25th

"Abundance"

"The Thin Veneer of Civilization"

Presenter: Rev. Matt Alspaugh

Service Associate: Carol Johnson

There's an idea that there is only a thin veneer of civilization, with things like law and authority, that keeps us all in check, keeps us from becoming savage beasts. It seems like common sense, to the point that it's a movie trope that the civilized street crowd becomes a raging mob on the least provocation. But is it true? What does the science say? What is required to keep us civilized? As we'll see, it's complicated.

Presenter: Dee Dee Camhi

Service Associate: Priscella Taylor



**Video Recording For The Service On
Sunday August 11, 2024**

If you would like to view other past services click on the link below which will take you to our video archive.

[Video Archive](#)



August Humanist Zoom Discussion

The Humanist Discussion Group will meet **Wednesday August 28th** at 11am Via Zoom.

August Topic:

Join our UU Humanist Discussion Group as we explore the question whether women govern better than men, drawing on research, historical examples, and contemporary case studies. Together, we will examine the unique leadership styles, collaborative approaches, and empathetic decision-making often exhibited by women in positions of power. Engage in thought-provoking conversations that challenge traditional narratives and celebrate the strengths of diverse leadership Note: this topic was selected before the current events of the Kamala Harris presidential run.

If you want to be added to the reading list email Bob Koches at [**bobkoches@gmail.com**](mailto:bobkoches@gmail.com)

[Click to join on Zoom](#)



Mindfulness with Richard Clarke: Every Thursdays at 3pm on Zoom

Every Thursday from 3pm - 4pm Richard Clarke leads a Meditation Lesson on Zoom. The above video is a recording of his most recent session.

Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. To find out more contact:

riberasmeditation@gmail.com. Click below for the Zoom link for the next session.

Join Richard on Zoom

Monthly Women's Group Brown Bag Lunch!

In addition to the 1st & 3rd Mon ZOOM women's group meetings we are adding an IN PERSON BROWN BAG LUNCH at 12N on the 4th Monday. This will be held at Trudy Crippen's house. Please RSVP to Trudy if you plan to attend.

trudycrippen@gmail.com

WEEKLY AND MONTHLY EVENTS

Click on the "+" for details

**Humanist Discussion Group-Wed Aug 28
11am**

+



Wednesday August 28 11:00am on Zoom (CST)

August Topic: Join our UU Humanist Discussion Group as we explore the question whether women govern better than men, drawing on research, historical examples, and contemporary case studies. Together, we will examine the unique leadership styles, collaborative approaches, and empathetic decision-making often exhibited by women in positions of power. Engage in thought-provoking conversations that challenge traditional narratives and celebrate the strengths of diverse leadership
Note: this topic was selected before the current events of the Kamala Harris presidential run.

[Click to join on Zoom](#)

Women's Group: 1st , 3rd and 4th Mondays +

12pm - 1pm 1st and 3rd Mondays Monthly Catherine Luria, Facilitator: Contact CLuriaARNP@gmail.com for topics. Now you can join us for a brown bag lunch on the 4th Monday of each month at Trudy Crippen's house. RSVP Trudy if you plan to attend. trudycrippen@gmail.com

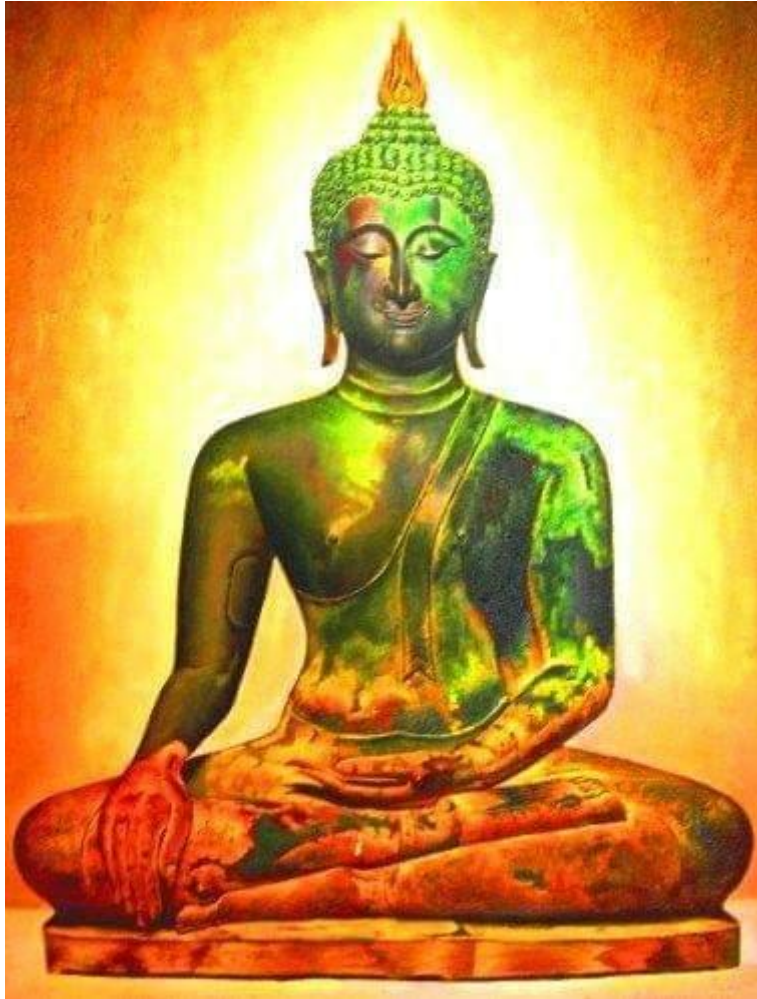
Healing Circle Monthly: 2nd Thursday 4pm +



This is a new group gathering to focus on healing, peace and well-being. Our methods employ Reiki distance healing. This is group, not individual work. All

LCUUF members are welcome regardless of experience. Facilitators: D'Vorah Kelley and Pamela Cucinell, Reiki Practitioners

Zoom Meditation Lessons: 3-4pm Thursdays +



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[Click to join on Zoom](#)

**Coffee "Above" The Plaza: Thursdays
10:30am**

+

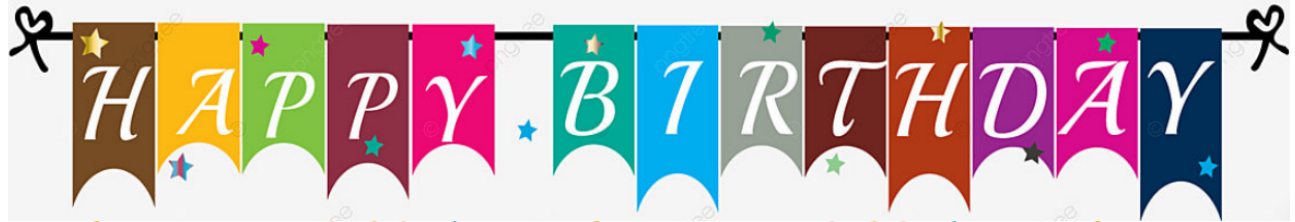
Meet other UUs for weekly conversations at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!

Open Zoom Conversation: Fridays 2pm

+

Conversation is open to all questions. Email Richard Clarke at arunachalakindle@gmail.com

[Click to join on Zoom](#)



BIRTHDAYS THIS WEEK

Sandy Wallin, August 18

**Do You Have News You Want To Share?
Send it to:**

newsletter@lcuuf.org

**Past Newsletters are Available on our
Website**

<https://lakechapalauu.org/lcuuf-monthly-newsletters/>.