

LCUUF·NEWS·OF·THE·WEEK



Issue 76

Sep 1 - Sep 8, 2024

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Attend our weekly services in person or via Zoom on Sundays at 12:00pm CST. We are located at St. Andrews Anglican Church, San Lucas 19, Riberas del Pilar.

[Click For Zoom](#)

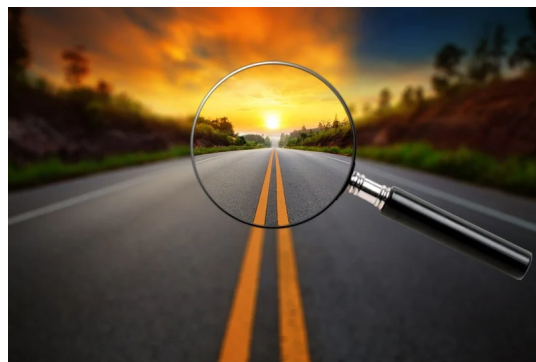
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UPCOMING SERVICES



This Week: September 1st



Next Week: September 8th

"The Joy of Writing"

Presenter: Janice Kimball

Service Associate: Carol Johnson

Writing from the Heart Janice Kimball, author of numerous books and articles, speaks to us about the profoundly meaningful exercise of writing to discover the wholeness of who and what we are. Whether we write to communicate to others, or just to more deeply understand our own history and experiences, we are left with the opportunity to bridge the chasm between information and true understanding. When we share our memories in a memoir, or in a biography, or in a multi-generational saga, we create a beautiful legacy for ourselves and for those around us.

"An Invitation into the Future"

**Rev. Matt Alspaugh, Presenter
Dee Dee Camhi, Service Associate**

Every morning as we wake up, become gradually more conscious, aware, we find ourselves with an invitation into the future, into another day, and further, into the rest of our lives. How do we open this invitation? Where does it lead us? Who do we invite to join us along the way?



Check Out The New Chalice Groups Forming Now!

Join with LCUUF Members and Friends through Chalice Groups - a practice of deep listening, sharing and reflection. These groups of 10 will meet monthly for 1.5-2 hours, at the Fellowship or in a home and engage the monthly Soul Matters

themes (example attached). Group members listen to each other, listen to our lives and listen to our deepest selves - leading us to greater loving and living, connection, and community.

Signup at the Welcome Table on Sunday or email paulaodom01@gmail.com.

Note: The number of 10 might seem large however with the amount of travel our membership does, the attendance could average 6-8 per month.

<https://www.soulmatterssharingcircle.com/>

Fiesta and Fundraiser September 12

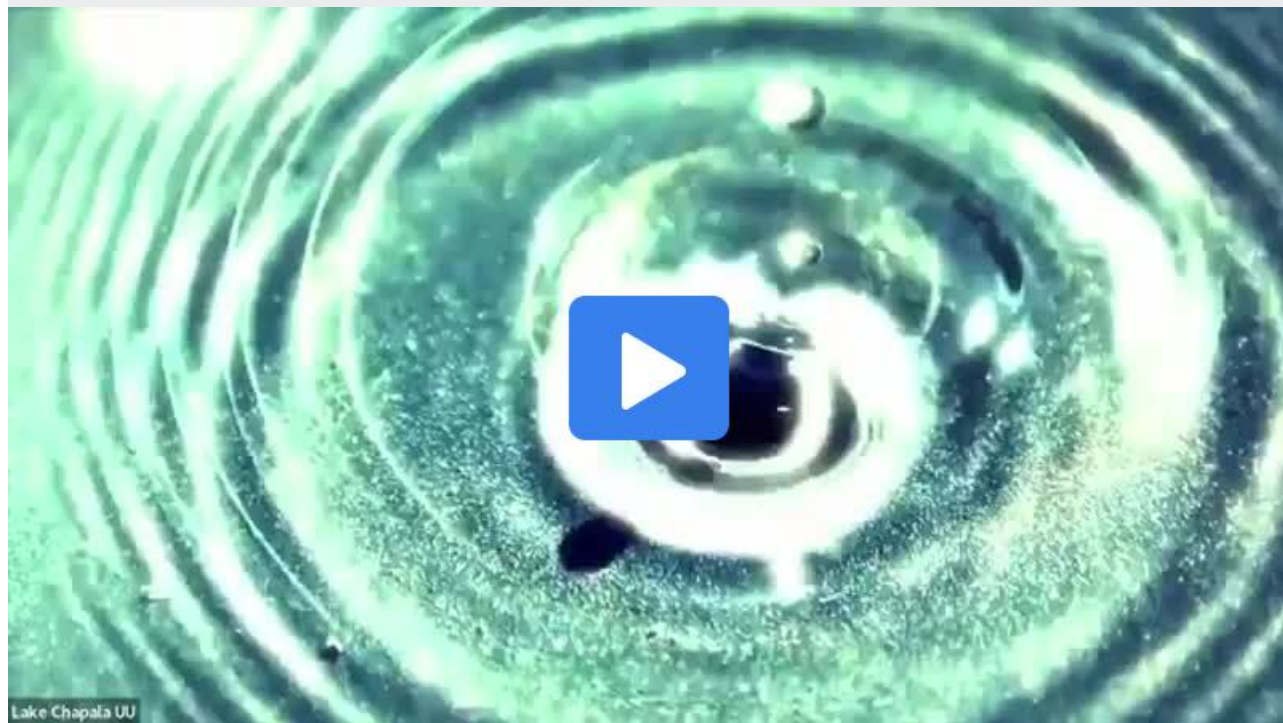
St. Andrews and the U.U.'s are hosting a Mexican Fiesta on Thursday, September 12th, catered by Agustin from Viva Mexico Restaurant. The Social Hour will start at 1:00 p.m. and the buffet will start at 2:00 p.m. This is a fundraiser with profit going towards roof repair and electrical repairs at the church. Tickets are \$350 each. The menu includes guacamole, salsa and chips, sliced poblano peppers with corn, zucchini filled with veggies and cheese, chicken fajitas, rice, beans, BBQ ribs, vegetable lasagna with gluten-free noodles and lasagna with meat. Agustin will be selling margaritas for \$70 pesos each. Jugs of water will be placed on each table but guests are welcome to bring their own drinks. There will be no tickets sold at the door the day of the event. Buy your tickets after the service and don't miss out on this fun event!



Important "Share The Basket "News

Beginning in this month, 100% of the "basket collections" will be donated to the designated charity for that month. The LCUUF Board of Directors unanimously voted to make this change at their August board meeting. "We felt that the needs of our designated charities warranted more than the 50% of the basket and that LCUUF had the resources to do more", said board president Kriss Gang.





Video Recording For The Service On Sunday August 25, 2024

If you would like to view other past services click on the link below which will take you to our video archive.

[Video Archive](#)

September Humanist Zoom Discussion

The Humanist Discussion Group will meet **Wednesday September 25th** at 11am Via Zoom.

September Topic:

Join us for an engaging humanist discussion on climate justice, where we'll explore the critical question: "What is climate justice?" We'll examine how



environmental challenges intersect with human rights, social equity, and global cooperation, considering the ethical dimensions of climate change and our collective responsibility.

If you want to be added to the reading list email Bob Koches at bobkoches@gmail.com

[Click to join on Zoom](#)



**Mindfulness with Richard Clarke: Every
Thursdays at 3pm on Zoom**

Every Thursday from 3pm - 4pm Richard Clarke leads a Meditation Lesson on Zoom. The above video is a recording of his most recent session.

Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. To find out more contact: riberasmeditation@gmail.com. Click below for the Zoom link for the next session.

[Join Richard on Zoom](#)

Monthly Women's Group Brown Bag Lunch!

In addition to the 1st & 3rd Mon ZOOM women's group meetings we are adding an IN PERSON BROWN BAG LUNCH at 12N on the 4th Monday. This will be held at Trudy Crippen's house. Please RSVP to Trudy if you plan to attend.

trudycrippen@gmail.com

WEEKLY AND MONTHLY EVENTS

Click on the "+" for details

Humanist Discussion Group-Wed Sep 25
11am

+



Wednesday Sep 25 11:00am on Zoom (CST)

September Topic: Join us for an engaging humanist discussion on climate justice, where we'll explore the critical question: "What is climate justice?" We'll examine how environmental challenges intersect with human rights, social equity, and global cooperation, considering the ethical dimensions of climate change and our collective responsibility.

[Click to join on Zoom](#)

Women's Group: 1st , 3rd and 4th Mondays +

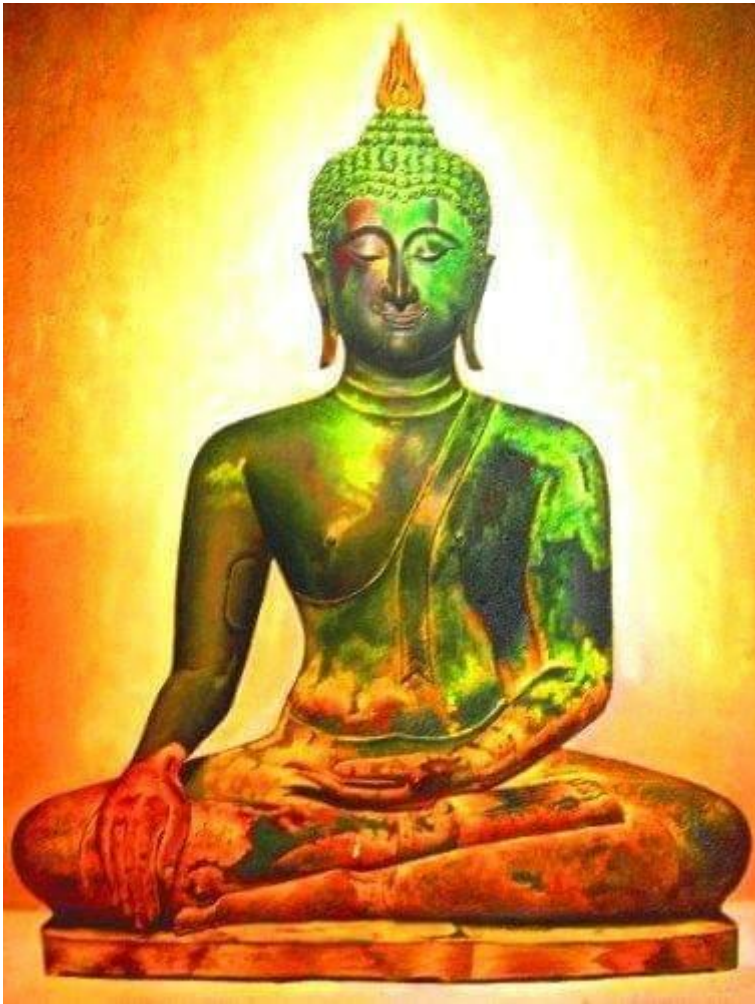
12pm - 1pm 1st and 3rd Mondays Monthly Catherine Luria, Facilitator: Contact CLuriaARNP@gmail.com for topics. Now you can join us for a brown bag lunch on the 4th Monday of each month at Trudy Crippen's house. RSVP Trudy if you plan to attend. trudycrippen@gmail.com

Healing Circle Monthly: 2nd Thursday 4pm +



This is a new group gathering to focus on healing, peace and well-being. Our methods employ Reiki distance healing. This is group, not individual work. All LCUUF members are welcome regardless of experience. Facilitators: D'Vorah Kelley and Pamela Cucinell, Reiki Practitioners

Zoom Meditation Lessons: 3-4pm Thursdays +



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[Click to join on Zoom](#)

Coffee "Above" The Plaza: Thursdays 10:30am

+

Meet other UUs for weekly conversations at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!

Open Zoom Conversation: Fridays 2pm

+

Conversation is open to all questions. Email Richard Clarke at arunachalakinle@gmail.com

[Click to join on Zoom](#)



BIRTHDAYS THIS WEEK

John Adams, September 9

Tonya Murphy, September 9

Marsha Waltz, September 11

**Do You Have News You Want To Share?
Send it to:**

newsletter@lcuuf.org

Past Newsletters are Available on our Website

<https://lakechapalauu.org/lcuuf-monthly-newsletters/>.

Lake Chapala Unitarian Universalist
Fellowship

You received this email because you signed up to
receive our weekly newsletter.

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