

LCUUF NEWS OF THE WEEK



Lake Chapala Unitarian
Universalist Fellowship



Issue 101

Feb 23 - Mar 2, 2025

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Attend our weekly services in person or via Zoom on Sundays at 12:00pm CST. We are located at St. Andrew's Anglican Church, San Lucas 19, Riberas del Pilar.

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UPCOMING SERVICES



This Week: Feb 23, 2025



Next Week: Mar 2, 2025

"Breaking The Silence-Dementia "

Presenter: Rev. Elly Contreras

Service Associate: Barley Donahue

Elly Contreras will share a number of factors about dementia, how we can determine our risk factors and how to prevent or slow down dementia. Through her organization "Lakeside DayBreak Dementia Support" the aim is to make Lakeside Dementia an Inclusive community and offer support to those dealing with the disease.

"Hunger Is Everywhere: What Have We Done About It?"

Presenter: Kriss Gang

Service Associate: Deb Gang

Food scarcity is a global problem that reaches the shores of Lake Chapala. Kriss Gang, LCUUF board president will present the scope of this problem from a global, Mexican and local perspective and how LCUUF has been engaged with hunger in the Lakeside community. FoodBank Lakeside, a Share The Basket recipient and efficient and effective local non-profit formed during the Covid-19 pandemic, will be part of the presentation sharing their success stories and how they provide food support to the most needy Lakeside.

NOTE: The quarterly Sunday service planning meeting will immediately follow today's service.

Sunday Service Planning Meeting March 2nd

Please join the Sunday Service Team for the Quarterly Planning Meeting right after the service on March 2nd. All are invited to participate in the formation of upcoming services.



News From The Board

Your 2025 LCUUF board of trustees met for the first time February 17th at St. Andrew's. Just a reminder that our board meetings are open to anyone. We normally meet on the third Monday of the month from 1:30 – 3:30 at St. Andrews. However, in March we will be meeting on February 24th due to the board retreat earlier in the month. We are fortunate to have so many committed and interested LCUUF members working behind the scenes both on the board and in many

other ways to ensure a vibrant UU community. Board members are elected at the annual general meeting, each January. If you are interested in joining the board or have a question about the scope of each member's responsibilities, please contact Paula Odom, Nominating Committee Chair: paulaodom01@gmail.com.

2025 board members are:

Kriss Gang - President

Ted Fahy -Vice President (and volunteer bookkeeper)

Larry Pihl - Treasurer

Marsha Buly - Secretary

June Wilson- At Large

Bob Koches - At Large

Adele St. Pierre- At Large

Retreat planning: Much of this first board meeting revolved around discussing goals for 2025 and planning for the 2025 board retreat. The board meets for a full day to plan for the year, which will start with inclusion of goals from the LCUUF fellowship.

Congregational Workshop: We are working on a date for a full congregational workshop to set our LCUUF priorities. Please be thinking about what is most important to you in your LCUUF community. What brought you to LCUUF? Where do you want to see LCUUF focus in the community? More information following the board retreat.

Finances: Financial We are in solid financial shape, reported by Larry Pihl, our new treasurer. Together with Ted Fahy, our vice-president and volunteer bookkeeper, Larry and Ted are rebuilding our accounting database using Quickbooks. This should end with easy to view financial reports. Larry reported that last year 943,000 MX pesos were pledged, with 804,000 MX pesos collected. We discussed how to best follow-up on pledges, your ideas are appreciated. Our budget, each year, is made based on pledges. Share the basket for January collected 15, 370 MX pesos, all of those funds went directly to the organization of the month.

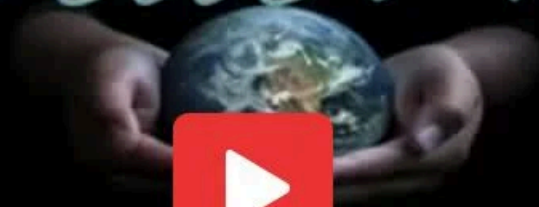
Sunday Service: Committee The Sunday Service Committee will have a retreat on April 30th. This vital committee plans for the weekly Sunday services. (ANYTHING ABOUT OTHERS WHO MIGHT WANT TO ATTEND?)

Social Action committee: Dee Dee Camhi has stepped forward to chair this critical committee. Thank you Dee Dee. Kriss Gang shared that the Food Bank is wanting to collaborate with LCUUF. As much of our social action and service focuses on the food needs of the greater Lake Chapala area, this is an exciting collaboration opportunity.

The board of trustees is here to represent you, please share your thoughts, wishes, dreams for the future of LCUUF in this community with any board member.

Respectfully, Marsha Riddle Buly, Board Secretary

A Better Way



Of Being

Rev. Tim Boeve, Guest Speaker
Heidi MacLennan, Service Associate
February 16, 2025



Lake Chapala UU

Video Recording for Sunday February 16

PANCAKES & GOSPEL KARAOKE

Life is better with pancakes and songs. Stack 'em high and soak 'em in syrup as we belt out our favorite gospel hymns.

**TUESDAY, MARCH 4,
4:00PM- 6:00PM**

\$200 Donation

MUSIC BY SWEET HARMONY

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Calle San Lucas #19
Riberas del Pilar



**There will be sign ups and answering questions
between the services.**



Mindfulness With Richard Clarke for Thursday Feb. 20



February Humanist Discussion Topic

Our Humanist Discussion for Feb. will focus on disinformation and the rise of the oligarchs globally and its threat to democracy. We will also look at the rise of autocracy and from the lens of history how oligarchy has also been with us.

The Humanist Discussion Group will meet
Wednesday Feb 26 at 11am Central

Standard Time Via Zoom. The zoom link is <https://us02web.zoom.us/j/86577912863>
If you wish to be added to the reading list contact Bob Koches at bobkoches@gmail.com

Monthly Women's Group Brown Bag Lunch!

In addition to the 1st & 3rd Mon ZOOM women's group meetings we are adding an IN PERSON BROWN BAG LUNCH at 12N on the 4th Monday. Please contact Trudy if you plan to attend.

trudycrippen@gmail.com

WEEKLY AND MONTHLY EVENTS

Click on the "+" for details

Humanist Discussion Group Wed. Feb 26-11am

+



Disinformation and the Rise of Oligarchs

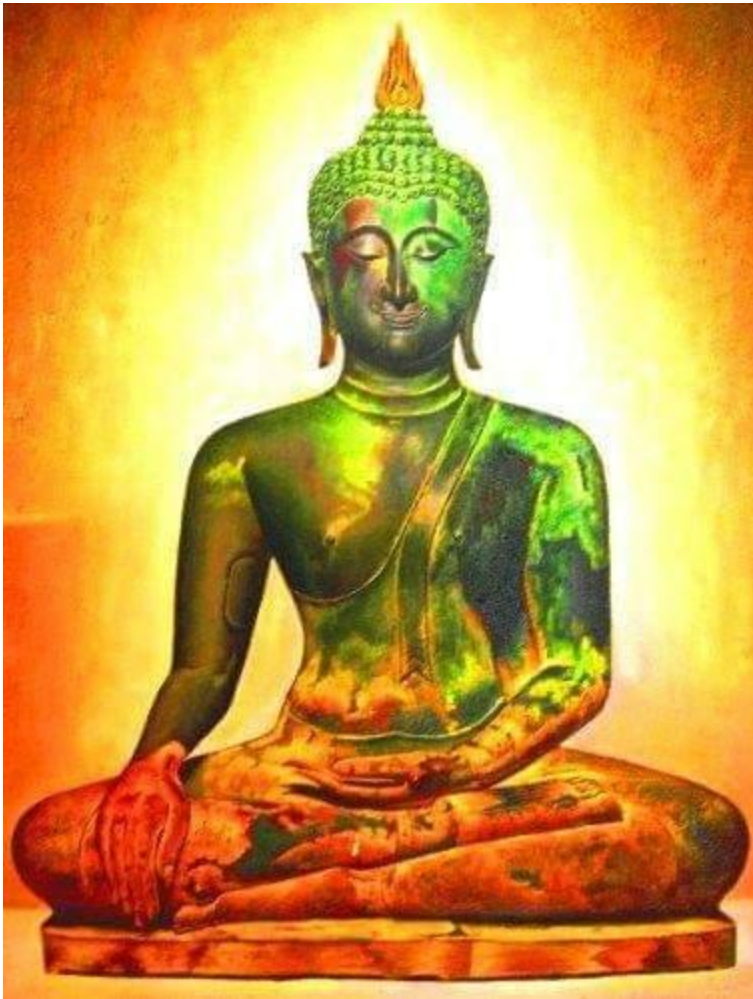
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[Click to join on Zoom](#)

Women's Group: 1st , 3rd and 4th Mondays +

12pm - 1pm 1st and 3rd Mondays Monthly Catherine Luria, Facilitator: Contact CLuriaARNP@gmail.com for topics. Now you can join us for a brown bag lunch on the 4th Monday of each month at Trudy Crippen's house. RSVP Trudy if you plan to attend. trudycrippen@gmail.com

Zoom Meditation Lessons: 3-4pm Thursdays +



Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. Richard Clarke, Facilitator. To find out more contact: riberasmeditation@gmail.com

[Click to join on Zoom](#)

**Coffee "Above" The Plaza: Thursdays
10:30am**

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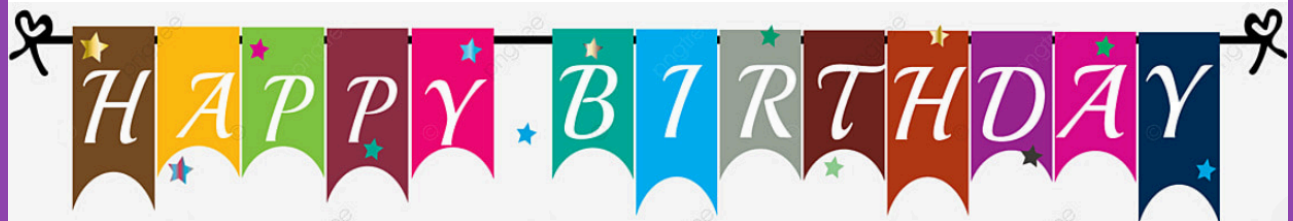
Meet other UUs for weekly conversations at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!

Open Zoom Conversation: Fridays 2pm

+

Conversation is open to all questions. Email Richard Clarke at arunachalakinle@gmail.com

[Click to join on Zoom](#)



FEBRUARY BIRTHDAYS

Ron Avalon, February 18

Karawynn Long, February 22

Susan Reynolds, February 23

Gloria Rathwell, February 29



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