

LCUUF NEWS OF THE WEEK



Lake Chapala Unitarian
Universalist Fellowship



Issue 107

Apr 6 - Apr 13, 2025

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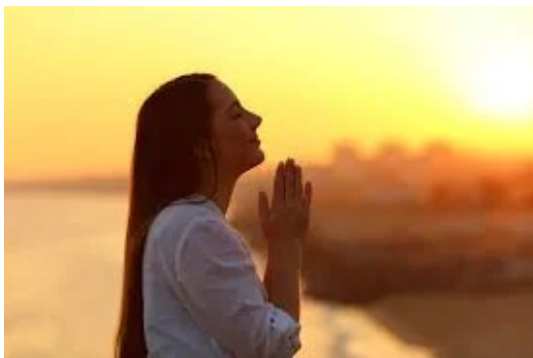
Attend our weekly services in person or via Zoom on Sundays at 12:00pm CST. We are located at St. Andrew's Anglican Church, San Lucas 19, Riberas del Pilar.

[Click For Zoom](#)

[Order Of Service](#)

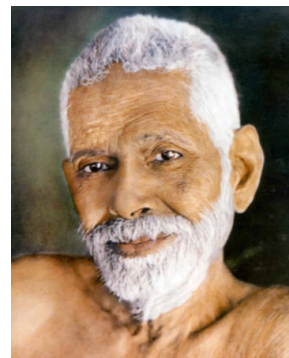
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UPCOMING SERVICES



This Week: Apr 6, 2025

"Tears Of Joy"



Next Week: Apr 13, 2025

**"The Inner Light of Truth:
Exploring the Parallels Between**

Presenter: Rev. Matt Alspaugh

Service Associate: Dee Dee Camhi

It has been said, "Joy is the happiness that doesn't depend on what happens." How is it that joy can accompany other emotions, like pain, sadness, deep sorrow? Or conversely, that we can be so filled with joy that we are brought to tears? There is something about joy that elevates it among the emotions, intertwining it with those others, so that joy forms a foundation for our emotional life, if we let it.



Ramana Maharshi and Gnostic Wisdom"

Presenter: Richard Clarke

Service Associate: Carol Johnson

Discover how the teachings of Ramana Maharshi and the mystical insights of the Gnostics align in their call to awaken the Divine within. Both traditions offer profound paths to liberation, emphasizing self-knowledge, spiritual awakening, and transcending the illusions of the material world. Join us as we explore these shared truths and uncover how they resonate with Unitarian Universalist values of inner light, spiritual growth, and personal exploration of the sacred. Together, we'll reflect on how these timeless teachings can inspire our own journeys toward truth and wholeness.

April "Share The Basket Recipient"

Join us at a
Peaceful Gathering
in Ajijic.



RALLY

SATURDAY
APRIL 5, 2025
2:30-3:30 pm
Ajijic Main Plaza

*In solidarity with Hands Off events
across the U.S. and beyond!*

Save the Date: April 5!



Send a moral message
to the new U.S.
Federal Government:

Hands Off **Our Social Security**
Hands Off **Our Medicare**
Hands Off **Our Bodies**
Hands Off **Our Voting Rights**

**Bring your friends—U.S.,
Mexican, Canadian and more!**

Hands Off Partners include:



You are invited to a live performance

People living with memory changes share their stories of how they live, cope and manage life after their diagnosis.

To whom it may concern



This performance is a
MUST SEE
for anyone who knows
a person living with
dementia.



Come hear the experiences from our brave cast in this Readers' Theatre performance. Learn more and be moved by their courage, challenges, sadness, insights, and humor.

MONDAY, April 7 at 4:30 pm St. Andrews Church in Riberas
LOVE DONATIONS will be gratefully accepted

Lakeside DayBreak
Dementia Support

*Refreshments & Botanas served
after the performance*

Facility offered by



RSVP by April 3rd to LakesideDaybreak@gmail.com

Lakeside **DayBreak**

Dementia Support



Offering opportunities and support
for persons with Dementia, and their family.
Respite Care, Day Programs, Education and more.



LakesideDayBreak@gmail.com
WhatsApp +52.314.150.5966



Video Recording for Sunday, March 30th



Mindfulness With Richard Clarke: Thursday April 3

Monthly Women's Group Brown Bag Lunch!

In addition to the 1st & 3rd Mon ZOOM women's group meetings we are adding an IN PERSON BROWN BAG LUNCH at 12N on the 4th Monday. Please contact Trudy if you plan to attend.

trudycrippen@gmail.com

WEEKLY AND MONTHLY EVENTS

Click on the "+" for details

Humanist Discussion Group Wed. Apr 23-11am	+
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The Gaia Hypothesis

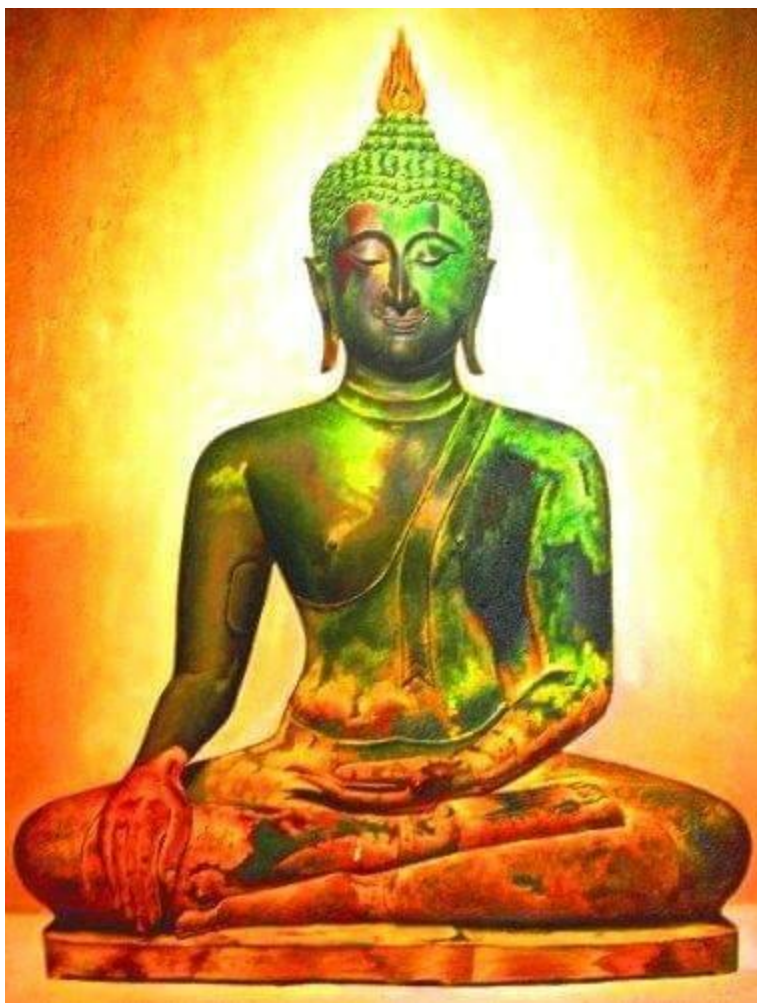
The Gaia hypothesis, formulated by James Lovelock and Lynn Margulis in the 1970s, suggests that Earth is a self-regulating system where living organisms interact with their surroundings to maintain habitable conditions. This theory proposes that the biosphere, atmosphere, hydrosphere, and pedosphere are tightly coupled, evolving together to create an environment optimal for life. Although initially criticized, the Gaia hypothesis has evolved to align with fields like Earth system science and biogeochemistry, with ongoing research exploring how life influences global temperature, ocean salinity, and atmospheric conditions. It also encourages a re-evaluation of human systems, emphasizing their embeddedness within and dependence on the Gaian system, which influences political ideas, practices, and our understanding of sustainability. The Gaia hypothesis also inspires analogies and interpretations in politics, religion, and social sciences, prompting discussions about a cultural paradigm shift affecting science, morality, and the arts. This topic is in honor of Earth Day. If you want to be added to the mailing list, contact Bob Koches at bobkoches@gmail.com

[Click to join on Zoom](#)

Women's Group: 1st , 3rd and 4th Mondays +

12pm - 1pm 1st and 3rd Mondays Monthly Catherine Luria, Facilitator: Contact CLuriaARNP@gmail.com for topics. Now you can join us for a brown bag lunch on the 4th Monday of each month at Trudy Crippen's house. RSVP Trudy if you plan to attend. trudycrippen@gmail.com

Zoom Meditation Lessons: 3-4pm Thursdays +



Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. Richard Clarke, Facilitator. To find out more contact: riberasmeditation@gmail.com

[Click to join on Zoom](#)

Coffee "Above" The Plaza: Thursdays 10:30am

+

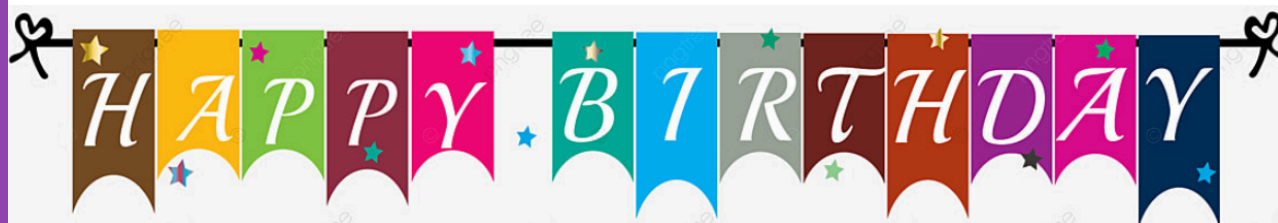
Meet other UUs for weekly conversations at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!

Open Zoom Conversation: Fridays 2pm

+

Conversation is open to all questions. Email Richard Clarke at arunachalakindle@gmail.com

[Click to join on Zoom](#)



BIRTHDAYS THIS WEEK

Deb Gang, April 10

Linda Conklin, April 11



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